

# BALLET BOOTCAMP

## Session 2: August 22–25, 2022

Day	Level 1	Level 2	Level 3	Level 4
Monday Aug. 22 <sup>nd</sup>	10:30-12:00 Jen Savelli <b>Ballet</b>	12:00-1:30 Jen Savelli <b>Across the Floor/Stretch</b>	1:30-3:00 Jen Savelli <b>Stretch/Jazz</b>	3:00-4:30 Jen Savelli <b>Stretch/Jazz</b>
	12:00-12:30 <b>Lunch</b>	1:30-2:15 <b>Lunch</b>	3:00-3:45 <b>Snack Break</b>	4:30-5:15 <b>Snack Break</b>
	12:30-1:30 Ashley Gallotto <b>Across the Floor/Stretch</b>	2:15-3:45 Kelby Brown <b>Ballet</b>	3:45-5:15 Kelby Brown <b>Ballet</b>	5:15-6:45 Kelby Brown <b>Ballet</b>
	1:30-2:30 Kristilee Maiella <b>Lyrical</b>	3:45-4:45 Kristilee Maiella <b>Lyrical</b>	5:15-6:30 Kristilee Maiella <b>Lyrical</b>	6:45-8:00 Kristilee Maiella <b>Lyrical</b>
Tuesday Aug. 23 <sup>rd</sup>	10:30-12:00 Jen Savelli <b>Ballet</b>	12:00-1:30 Jen Savelli <b>Ballet</b>	1:30-3:00 Jen Savelli <b>Body Alignment**</b>	3:00-4:30 Jen Savelli <b>Body Alignment**</b>
	12:00-12:30 <b>Lunch</b>	1:30-2:00 <b>Lunch</b>	3:00-3:30 <b>Snack Break</b>	4:30-5:00 <b>Snack Break</b>
	12:30-1:30 Ashley Gallotto <b>Lyrical</b>	2:00-3:30 Amanda Molina <b>Contemporary</b>	3:30-5:00 Daniel Catanach <b>Ballet</b>	5:00-6:30 Daniel Catanach <b>Ballet</b>
	1:30-2:30 Jenny LeProtto <b>Stretch/Jazz</b>	3:30-4:30 Jenny LeProtto <b>Across the Floor/Jazz</b>	5:00-6:00 Amanda Molina <b>Contemporary</b>	6:45-7:45 Amanda Molina <b>Improvisation</b>
			6:00-7:00 Jen Savelli <b>Ballroom*</b>	8:00-9:00 Jen Savelli <b>Cuban Flare*</b>

\* These Tuesday/Thursday classes will be Summer Tech classes for the day

\* Ballroom Class: Bring jazz shoes, character heels or ballroom heels to Ballroom

\*\* Body Alignment: Please wear standard ballet apparel (black leotard & pink tights); wear your hair in a bun or pulled back; and bring a small towel (not a washcloth) and water

Note: There will be summer tech make up classes (dates TBA) for those interested

Day	Level 1	Level 2	Level 3	Level 4
<b>Wednesday Aug. 24<sup>th</sup></b>	10:30-12:00 Terk Lewis <b>Ballet</b>	12:00-1:30 Terk Lewis <b>Ballet</b>	1:30-3:00 Terk Lewis <b>Ballet</b>	3:00-4:30 Terk Lewis <b>Ballet</b>
	12:00-12:30 <b>Lunch</b>	1:30-2:00 <b>Lunch</b>	3:00-3:30 <b>Snack Break</b>	4:30-5:00 <b>Snack Break</b>
	12:30-1:30 Jen Savelli <b>Musical Theater</b>	2:00-3:30 Jen Savelli <b>Across the Floor/Stretch</b>	3:30-4:30 Jen Savelli <b>Cuban Flare</b>	5:15-6:45 Jen Savelli <b>Stretch/Musical Theater (Heels)</b>
	1:30-2:30 Jenny LeProtto <b>Across the Floor</b>	3:30-4:30 Jenny LeProtto <b>Jazz Funk</b>	4:30-5:30 Terk Lewis <b>Jazz</b>	6:45-7:45 Terk Lewis <b>Contemporary</b>
<b>Thursday Aug. 25<sup>th</sup></b>	10:30-11:30 Jen Savelli <b>Stretch/Jazz</b>	12:00-1:30 Jen Savelli <b>Stretch/Jazz</b>	1:30-2:30 Jen Savelli <b>Cuban Flare</b>	3:00-4:30 Jen Savelli <b>Ballet</b>
	11:30-12:00 <b>Lunch</b>	1:30-2:00 <b>Lunch</b>	2:30-3:00 <b>Snack Break</b>	4:30-5:30 <b>Snack Break</b>
	12:00-1:30 Sondra Steiner <b>Ballet</b>	2:00-3:30 Sondra Steiner <b>Ballet</b>	3:00-4:30 Mia DiLena <b>Ballet</b>	5:30-6:30 Jen Savelli <b>Cuban Flare</b>
	1:30-2:30 Mia DiLena <b>Lyrical</b>	3:45-4:45 Jess LeProtto <b>Musical Theater</b>	4:45-5:45 Sondra Steiner <b>Pre-Point &amp; Pointe**</b>	6:45-7:45 Mia DiLena <b>Contemporary</b>
	2:30-3:30 Jess LeProtto <b>Musical Theater*</b>	5:00-6:00 Mia DiLena <b>Improvisation*</b>	6:00-7:00 Jess LeProtto <b>Musical Theater*</b>	7:45-8:45 Jess LeProtto <b>Musical Theater*</b>

\* These extra Tuesday/Thursday classes will be Summer Tech classes for the day

\*\* If not taking pre-pointe or pointe, take Improvisation with Mia DiLena from 5:00-6:00

Note: There will be summer tech make up classes for those interested